

# Menus for Education aBc at St Edward's School

MONDAY 4 BREAKFAST	TUESDAY 5 BREAKFAST	WEDNESDAY 6 BREAKFAST	THURSDAY 7 BREAKFAST	FRIDAY 8 BREAKFAST	SATURDAY 9 BREAKFAST	SUNDAY 10 BREAKFAST
Selection of Cereals Toast and Preserves	Selection of Cereals Toast and Preserves	Selection of Cereals Toast and Preserves	Selection of Cereals Toast and Preserves Fried Egg Grilled Bacon/ Beans Fried Bread / Porridge Pain au Choc	Selection of Cereals Toast and Preserves Croissants / Boiled Egg Danish Pastries Yoghurt Bar Porridge	Selection of Cereals Toast and Preserves Grilled Sausages Plum Tomatoes Hash Browns Porridge	Selection of Cereals Toast and Preserves Fried Egg Grilled Bacon Fried Bread Porridge
<b><u>LUNCH</u></b>	<b><u>LUNCH</u></b>	<b><u>LUNCH</u></b>	<b><u>LUNCH</u></b>	<b><u>LUNCH</u></b>	<b><u>LUNCH</u></b>	<b><u>LUNCH</u></b>
*****	*****	*****	*****	*****	*****	*****
		BUFFET LUNCH COLD MEAT / SALADS QUICHE	Cornish Pasty/ Gravy Macaroni Cheese	Battered Cod Tortolloni Formaggio	Pasta Bolognese Cheese + Bacon Flan Pasta Neopolitan	Roast Beef/Yorkies Roast Chicken Vegetable Wellington
			New Potatoes / JPs Baby Carrots Green Beans	Chips/JP's Sweetcorn Mexican	New Potatoes / JPs Broccoli+Caulliflower	Roast Potatoes Carrots and Peas
*****	*****	*****	*****	*****	*****	*****
Fresh Fruit Salad Bar	Fresh Fruit / Yoghurts Salad Bar	Fresh Fruit Salad Bar	Fresh Fruit / Yoghurts Salad Bar	Fresh Fruit Salad Bar	Fresh Fruit Salad Bar	Fresh Fruit Salad Bar
<b><u>TEA</u></b>	<b><u>TEA</u></b>	<b><u>TEA</u></b>	<b><u>TEA</u></b>	<b><u>TEA</u></b>	<b><u>TEA</u></b>	<b><u>TEA</u></b>
<b><u>SUPPER</u></b>	<b><u>SUPPER</u></b>	<b><u>SUPPER</u></b>	<b><u>SUPPER</u></b>	<b><u>SUPPER</u></b>	<b><u>SUPPER</u></b>	<b><u>SUPPER</u></b>
		Lemon Chicken Cod Italian Vegetable Sweet+Sour	Lamb Curry Gammon+Pineapple Vegetable Balti	Braised Steak Chicken Kiev Vegetable Kiev	Assorted Pizza Lamb+Coriander Rissotto	Beef Cannelonni Cheese + Onion Pasty Veg Cannelonni
		Rice / Chips Peas and Corn	Savoury Rice Broccoli+Almonds Sweetcorn+Peppers	Boulangirere Potatoes Sliced Carrots Whole Green Beans	Fried Potatoes Greek Salad American Coleslaw	Spicy Wedges Sweetcorn
*****	*****	*****	*****	*****	*****	*****
		Fruit Crumble Custard	Eves Pudding Vanilla Sauce	Assorted Gateau Cream	Apple Pie Cream	Sherry Trifle
	Week 1	w/e 10-7-05				